

UCSF-FRESNO FELLOWSHIP IN PSYCHOSOMATIC MEDICINE (CONSULTATION-LIAISON PSYCHIATRY)

Welcome to the UCSF Fresno Psychosomatic Medicine (Consultation-Liaison Psychiatry) Fellowship Program. This program was accredited as a one year fellowship by the ACGME in 2009. Our program is based at the Fresno Community Regional Medical Center (CRMC), a 500 bed major teaching hospital affiliated with UCSF. CRMC is also a regional trauma and burn center providing care to a culturally diverse patient population of all ages. The program has a very strong didactic component that includes:

1. Psychosomatic Medicine: State of the Art and How We Got Here
2. Practicum in Techniques of Consultation-Liaison Psychiatry
3. Psychopharmacology in Psychosomatic Medicine
4. Legal and Ethical Issues in Consultation-Liaison Psychiatry
5. Perspectives in Psychiatry
6. Research in Psychosomatic Medicine
7. Weekly Grand Rounds

The fellow will be a member of the psychiatric consultation-liaison team that includes, in addition to the fellow, psychiatric residents, internal medicine resident, a social worker, UCSF medical students, and senior medical students doing elective rotation. Some 1000 psychiatric consultations are performed in a year. The fellow will also do liaison work with the Ambulatory Care Center and the Department of Obstetrics and Gynecology High Risk Pregnancy and Perinatal Mental Health Program. The fellow will have opportunity to teach psychiatry residents, internal medicine elective residents, and UCSF medical students rotating to the Psychiatric Consultation-Liaison Service. The fellow will work closely with primary care physicians and allied mental health professionals in the Ambulatory Care Center which utilizes the integrated care model. The fellow will also have an opportunity to do longitudinal follow-up of selected patients and learn and practice psychotherapeutic techniques including brief therapies, relaxation training, and hypnotherapy. Research is encouraged, and there is a vast consultation database consisting of more than 8000 records that can be mined for psychosomatic research. The program is directed by Hoyle Leigh, MD, the author of *Handbook of Consultation-Liaison Psychiatry* (Springer, 2007, 2nd Edition now in Preparation), and Beena Nair, MD is the associate director. We will accept one highly qualified fellow per year. Fresno is a medium sized city which is a cultural and financial center of California's Central Valley. There is a symphony orchestra, two repertory theatres, two art museums, and a very diverse cuisine, including all Asian and European as well as Basque, Armenian, and Persian cuisines. San Francisco and Los Angeles are about 3 hours away and the Monterey Peninsula is about 2 hours drive. Recreational opportunities in the area are rich and varied, and include three nearby national parks - Yosemite, Sequoia and Kings Canyon. Some funding is available for national and state conferences, as well as for travel to meetings for presentation of original work.

Faculty:

Program Director: Hoyle Leigh, MD, DLFAPA, FACP, Professor of Psychiatry, UCSF
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Associate Program Director: Beena Nair, MD, Assistant Clinical Professor of Psychiatry

Scott Ahles, MD, Clinical Professor of Psychiatry, UCSF, Chief of Psychiatry, CRMC

Craig Campbell, MD, Associate Clinical Professor of Psychiatry, Program Director, Psychiatry Residency Program

Karen Kraus, MD, Assistant Clinical Professor of Psychiatry, Director, Child/Adolescent Psychiatry Training Program

Robert Hierholzer, MD, Clinical Professor of Psychiatry, Associate Chief of Staff, Research & Education, VA Central California Medical Center

Conrad Chao, MD, Assistant Clinical Professor of OB & Gyn, Director, Residency Training Program, OB & Gyn, UCSF Fresno

Robert Oldham, M.D., Medical Director, Dept. of Mental Health, County of Fresno



Faculty, Staff, and Trainees, UCSF Fresno Psychiatric Consultation-Liaison Program